

PATIENT'S CASE HISTORY and/or PROGRESS CASE HISTORY

For _____ Date _____

IMPORTANT: UNDERLINE all present symptoms. Check (x) before all past symptoms. Sign at end.
BE COMPLETE

Muscle, Ligament & Joint

Neck: Weakness – Pain – Stiffness – Swelling – Spasms – Disc – Limited Movement – Pain on Motion – Surgery

Worse: After Sleeping – During Day – End of Day

Mid Back: Weakness – Pain – Spasms – Rib

Worse: After Sleeping – During Day – End of Day

Low Back: Weakness – Pain – Stiffness – Swelling – Surgery – Limited Movement – Pain on Motion

Pain When: Sitting – Walking – Standing – Sleeping

Sacro-iliac – Tailbone: Pain in Groin

Worse: After Sleeping – During Day – End of Day

Extremities & Radiating Pain

Head & Headache: Side – Front – Top – Base of Skull – Band around Head – Throbbing Head Pain from Neck – Heavy Head – Affects Vision – Produces Nausea – Incapacitating – Migraine

Worse: After Sleeping – During Day – End of Day

Shoulder: Local Pain – Radiates Down Arm – Pain on Movement – Limited Movement – Pain from Neck

Worse: After Sleeping – During Day – End of Day

Arm: Local Pain – Radiating Pain – From Neck – On Movement – Down Arm – After Sleeping – Elbow Wrist – Fingers – Swelling – Heaviness – Cold Hands – Grip – Strength Loss – Can't Raise – Drops Things

Hip, Knees, Legs: Local Pain – Radiating Pain – From Back – On Movement – Down Leg – Knee (Front - Back) – Numbness – Tingling – Feeling Loss – Knee Swelling – Ankle Swelling – Charlie Horses – Cramps – Spasms – Sciatica – Varicose Veins – Heaviness – Pain on Walking – Sitting – Prolonged Standing – Shopping

Feet: Swelling – Discomfort – Pain – Pain on Walking – Pain with Back Problem – Corns - Callouses – Bunions – Fallen Arch – High Arch
Toe-in – Toe-out – Cold – Burn

Muscle & Ligaments

Sprain – Pulled – Torn – Atrophy

Spine & Discs

Spine: Surgery – Arthritis – Curvature – Whiplash

Disc: Surgery – Protrusion – Compressed – Degenerating – Deteriorating – Herniated – Ruptured

Nerves

Burning – Numbness – Tingling – Pins & Needles – Neuralgia – Nervousness – Pinched Nerve - Nervous Tension – Dizziness – Poor Equilibrium

Energy & Fatigue

Intermittent: Tiredness – Fatigue – Exhaustion – Can not get enough Rest

Constant: Tiredness – Fatigue – Exhaustion

Walking Caused: Tiredness – Fatigue – Exhaustion

Sleeping: Good – Fair – Poor – Poor Due to Pain – Insomnia – Falls to Sleep – Emotional Fatigue – Excessive Sleep

Heart & Circulation

Heart: Slow – Rapid – Pain – Palpitation – Past Attack – Angina – Coronary – Chest Pain – Pain Down Arm – Difficult Breathing

Cold: Hands – Feet – Body – Varicose Veins – Hardening Arteries – Numbness

Name _____

Lungs & Breathing

Lungs: Difficult Breathing – Congestion – Asthma – Emphysema – Wheezing – Bronchitis – Infection

Sinuses: Congestion – Pressure – Allergies – Runny – Causes Sore Throat – Headache

Stomach, Liver, Gall Bladder & Intestinal

Stomach: Nausea – Pain – Ulcer – Vomiting – Bile – Indigestion – Heartburn – Gas

Gall Bladder: Attack – Infection – Stones

Intestines: Bloat – Blood – Mucous – Constipated – Diarrhea – Hemorrhoids – Fissures – Colitis

Kidney, Bladder & Urination

Urine: Frequent – Difficult – Burns – Blood – Irritates – Pus – No Control – Infection – Kidney Stones – Prostrate – Ovaries – Bedwetting

General

Reaction to Drugs: Mild – Severe – Occasional

Personal Habits

Hours Regular Sleep/Night _____
Amount of Smoking _____ Pkg./day
Amount of Coffee _____ Cups/day
Hrs. Regular worked _____ D _____ Wk

For Women Only

Menses: Cramps – Backache – Excess Flow – Difficult – Irregular – Tension

Menopause: Symptoms – Hot Flashes

Absolutely no patients accepted for diagnosis or treatment of Cancer. Suspected cases of Cancer are immediately referred.

Date _____

Patient Signature _____

Guardian Signature _____

_____ This patient is a Minor. Permission is given by me to the doctors of this office and whomever they designate to treat the patient. I am his/her legal guardian.